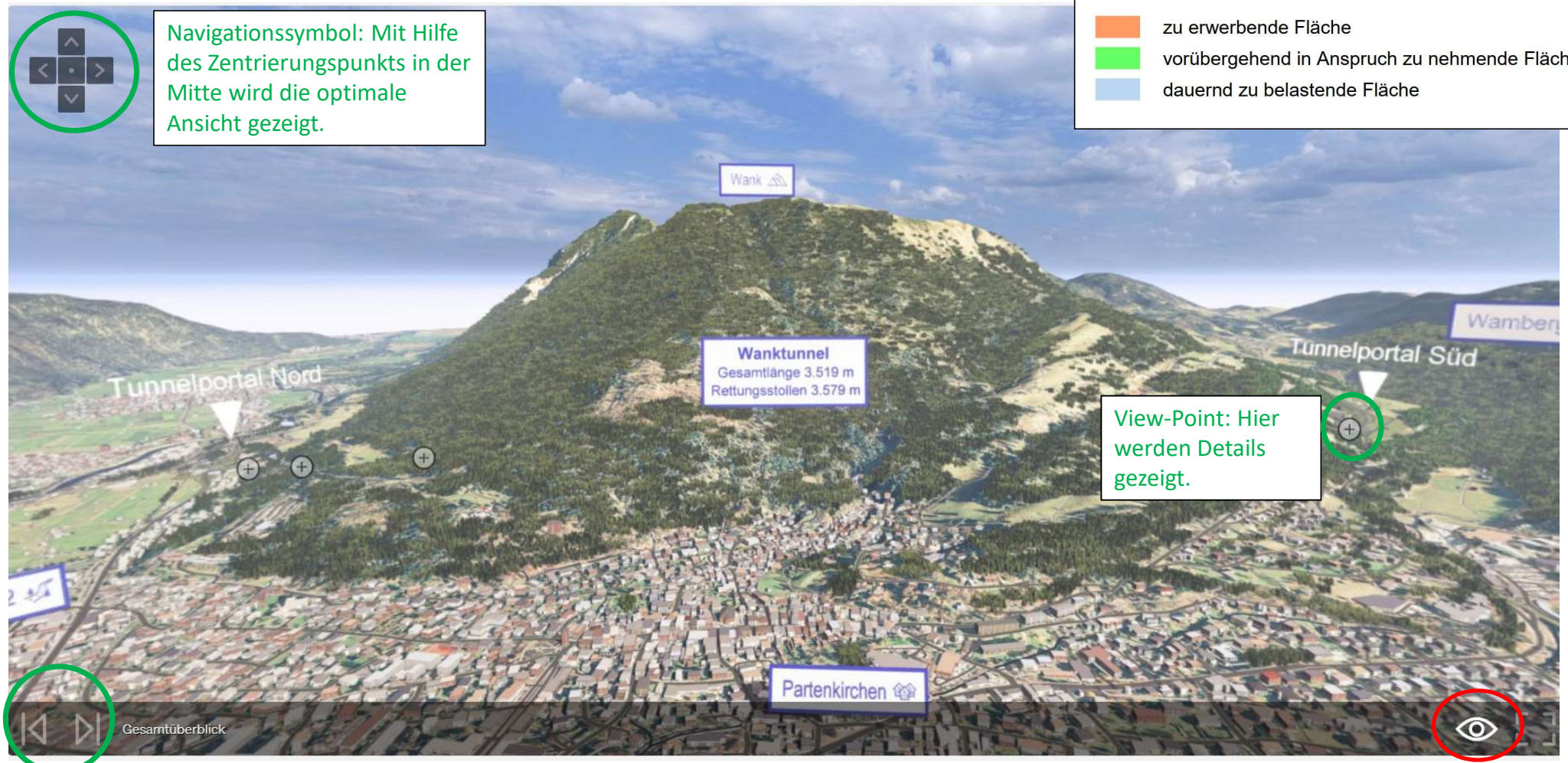Kurzanleitung